

Woolgrove School - Newsletter No. 2

Friday 20th October 2023

Welcome!

Amazingly the first half-term has come to an end already. It has been lovely to see how all of our children have settled into their new classes and are really coming into their own. I hope you manage to enjoy some family time over the next few days and that the children come back refreshed for what is always a busy and exciting period!

Nut Free School



Please may we remind you that Woolgrove is a nut free school. We have children who can potentially have severe allergic reactions so please do not include any products containing nuts in your child's snacks / lunches. This includes spreads, chocolate / cereal bars as well as nuts themselves. Thank you for helping us to keep our children safe.

Parent / carer consultation evenings

Thank you to those of you that have already booked your consultation appointments via Parent Mail. There is a

choice of dates, **Tuesday 31st October** or **Wednesday 1st November** and the times are 4.00 p.m. until 7.00 p.m. for both days. The appointments will be face to face lasting 20 minutes each. Please book as soon as possible if you have yet to do so and if you have any difficulty please speak to John in the office and he will assist you.

<u>Safeguarding and Behaviour parent</u> information sessions

We are running a parent information sessions focusing on 'safeguarding and behaviour at Woolgrove'. These will take place on **Tuesday 14**th **November.** The first session is at 1.00 p.m. until 2.30 p.m. and it is then repeated for those that are not available during the day, between 6.30 p.m. and 8.00 p.m. The session will be looking at:

- Safeguarding at Woolgrove:
 Supporting our families in keeping safe (including e-safety)
- How we teach our pupils to be safe at Woolgrove: Our Safeguarding curriculum
- How we teach our pupils positive behaviours at Woolgrove: Our Behaviour curriculum
- <u>How we support pupil behaviour</u> at <u>Woolgrove:</u> Herts. Steps
- Practical tips and discussion for supporting behaviour at home
- Need more help? Signposting support and services for parents

You can book a place via the 'forms' section of parent mail or contact the school office. Please do come along if you can.

Wear it Pink – Breast Cancer awareness

Today we encouraged children and staff to 'Wear it Pink' to raise awareness of the prevalence of breast cancer. We also held a staff breakfast before school and with donations for this and those very kindly made by our parents and carers we raised over £250.00. These funds will be forwarded to the Breast Cancer Now charity. Thank you as always for your support.

Dates

Next half-term there are numerous events for you to either be aware of or to be a part of. There is a timetable of events included with this newsletter to enable you to plan ahead.

There will be specific details of the individual events circulated nearer to their scheduled dates so please keep an eye on your parent mail messages so that you don't miss out on anything!

School Support roles

Thank you to those who attended the session earlier this week and met Laura (Inclusion Coordinator - INCo), Hannah (Pastoral Support Worker – PSW) and Anne (Family Support Worker – FSW). Please find attached more details about Laura, Hannah and Anne's roles so you are aware of how they can support you and your child.

50/50 Club winners

We have drawn this quarter's winners of our 50 / 50 club. I am pleased to announce that the winners for these months are Stephen Simms, Joanna Simpson and Shannon Atkins. Congratulations!

Children's meal times

Meal times and nutrition for the children are topics that we take very seriously at Woolgrove. Among the issues we promote in school are:

- Not having screens on at meal times - research has shown that increased obesity can be caused by eating whilst viewing screens
- Children to sit at the table to eat and remain seated until the food in their mouths has been removed or swallowed. Children should not wander around with food in their mouths, this is a choking hazard.
- As a general rule be mindful of the amount of carbohydrates given for children. Remember if the main item is a carbohydrate then additional carbohydrates should not be given eg, macaroni cheese, lasagne etc. We would always take into consideration individual dietary needs in this instance.



A reminder that we have an INSET day on Monday 30th October (No school for children). The children return to school on Tuesday 31st October.

Lisa Hall, Head Teacher

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To further enhance the healthy eating and lifestyle message we are holding events in school. Some of our classes are taking part in 'Hungry Caterpillar' sessions during which the children will take part in food based activities based on the much loved story book. Our other classes will have the chance to make their own smoothies using their own pedal power on specially adapted static bikes! These are fun ways to instil these important lifestyle messages in the children which you can support at home.

Bag2school collection

Our latest Bag2school collection is taking place on Monday 20th November. Please bring in any good condition second-hand clothing you may have on the day. The more we collect the more money is raised for the school, so please have a look in the wardrobes over the half-term break and see if there is anything that you are able to donate. Please don't bring in any items to school until Friday 17th November as we do not have space to store it.

INSET Day