









# Live, Laugh, Learn Award



:EYFS/Semi-  
Formal 1

 <p><b>Live</b> Looking after ourselves, health, self help, behaviour, respect, manners and courtesy</p>		Links: Character Education Framework: A, B, C 
1	With help I can put my toys away	
2	With support I can explore/brush my teeth	
3	I am developing skills to successfully use cutlery	
4	I can share where feels poorly/hurt/funny	
5	I am beginning to regulate anxiety around sensory overloads – noise, witnessing other behaviours etc	
6	I can say who I should go to if I hurt myself – adult, staf	
7	I can identify which service I need for help – dentist, doctor	
8	I can recognise I need to go to the toilet – AAC, symbols, etc	
9	I can deposit and retrieve my coat and belongings	
10	I can identify if I am hot/cold and respond accordingly	
11	I can begin to use basic skills for cooking	
12	I can recognise sad/dangerous behaviour	
13	I can begin to ask for help, when needed	
14	I can share toys/resources with peers/family	
15	I can say please and thank you	
 <p><b>Laugh</b> Friendship, respect, self esteem helping others, volunteering</p>		Links: Character Education Framework: B, E 
1	I can say who my friends are	
2	I can ask to share resources/activities with someone	
3	I can play alongside a peer with some support	
4	I can listen and follow a one step instruction	
5	I can spend time socialising with a friend with adult support e.g. playdate	
6	I can look in the direction of people talking	
7	I can look in the direction of people talking and acknowledge them	
8	I can recognise how to have kind hands and feet	
9	I can say what makes me happy	
10	I can recognise if I feel sad/wobbly/funny/different	
11	I can share if I have done something amazing	
12	I can hand out resources/toys	
13	I can identify if someone is hurt	
14	I can support the local community – litter picking, animal feeders	
15	I can help my adult – parent, family, teaching staff	
 <p><b>Learn</b> Self actualisation, trying new things, being a member of a team, taking part in something new, competing against others, being creative</p>		Links: Character Education Framework: B, C, E, F 
1	I can share activities/achievements	
2	I can show what makes me laugh/feel happy/sad	
3	I can engage in a mindfulness activity e.g. yoga	
4	I can support/cheer others	
5	I can say how to be a good friend	
6	I can explore new foods/textures	
7	I can explore new toys/resources	
8	I can visit a new place	
9	I can travel on a different forms of transport	
10	I can engage in a new activity	
11	I can play games alongside my peers	
12	I can take part in an out of school activity e.g. a picnic, birthday party	
13	I can mark make and share my creations	
14	I can build using bricks, construction toys or junk modelling	
15	I can begin to regulate my emotions with support e.g. jumping on my trampoline when frustrated	