



SUPPORT GROUPS

FREE ONLINE SUPPORT GROUPS FOR HERTS PARENTS/CARERS

ABOUT THE GROUPS

ADD-vance runs regular support groups which provide an opportunity for you to meet other local parents and discuss individual concerns with two specialist ADD-vance coaches. We welcome parents and carers who have a formal diagnosis for their child, as well as those who do not have a formal diagnosis but would like to learn more about neurodiversity.

TIME AND PLACE

General Primary Aged Children Support Group

Tuesday 21/02/23 - 1-2 pm

General Secondary Aged Children Support Group

Tuesday 28/02/23 - 1-2 pm

Challenging Behaviour Support Group

Tuesday 07/03/23 - 1 -2 pm

Managing Self Harm Support Group

Tuesday 14/03/23 - 1 - 2 pm

School Anxiety Support Group

Tuesday 21/03/23 - 1-2 pm

Anxiety/Mental Health Support Group

Tuesday 28/03/23 - 1-2 pm

ALL ONLINE VIA ZOOM

☎ 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>

These groups are funded by Hertfordshire County Council and are open to residents of Hertfordshire only