

	<p>Live Looking after ourselves, self-help, my identity, health and safety</p>	<p>Links: Character Education Framework: A, B, C</p> <p style="text-align: center; color: blue; font-size: 2em;">✓</p>
1	I can identify how to keep myself clean	
2	I can dress myself ready for the day	
3	I can make my bed and keep my room tidy	
4	I can sort identify when clothes are dirty and help with the washing	
5	I can make a drink and a simple snack/meal for myself	
6	I can write a shopping list, go to the shops with an adult and purchase the items on your list	
7	I can go to restaurant and make a choice from a menu	
8	I can talk about and identify who is in my family	
9	I can talk about and identify my background, race or culture/religion	
10	I can keep safe and respectful when out about.	
11	I can take part in an activity or exercise regularly to keep me healthy e.g. going for a walk	
12	I can ride a scooter, tricycle or bike safely	
13	I can explore my local area with an grown up and direct them to get home	
14	I can stop, look and listen when crossing the road	
15	I am aware of the emergency services and their job roles	
	<p>Laugh Respect, Friendship, helping others, volunteering, participation and self esteem</p>	<p>Links: Character Education Framework: B, D, E</p> <p style="text-align: center; color: blue; font-size: 2em;">✓</p>
1	I can show consideration to others e.g. showing good manners, being a good friend	
2	I can acknowledge when I have got something wrong e.g. say sorry when necessary	
3	I can talk about an issue that is important to me to another person	
4	I can share a preferred activity or object with another person	
5	I can help a friend when they need it e.g. get help if someone falls over	
6	I can have a sleep over at a friend or relatives house	
7	I can spend time socialising with a friend e.g. playdate	
8	I can help to care for an animal e.g. feed/clean out a pet or take a dog for a walk	
9	I can help a family member complete a job or chore e.g. wash the car or vacuum the house	
10	I can take part in an activity to help raise money for charity	
11	I can sing a song or put on a performance to make others happy	
12	I can watch a pantomime or go and see a show	
13	I can take part in a club or group activity e.g. football/ dance club	
14	I can play a simple sport related team game e.g. rounders	
15	I can play a simple table top game with other e.g. snake and ladders	
	<p>Learn Self-actualisation, culture and society , trying new things, competing against others, being creative</p>	<p>Links: Character Education Framework: B, C, D, E, F</p> <p style="text-align: center; color: blue; font-size: 2em;">✓</p>
1	I can try food from different cultures	
2	I can visit a library, book shop or newsagent	
3	I can identify a favourite song or musical artist and sing/dance or play along	
4	I can identify a favourite piece of art/sculpture and recreate it in my own way	
5	I am aware of one item that is currently in the news	
6	I can grow vegetables/flowers and observe them grow	
7	I can visit a museum to learn about the past	
8	I can identify a historical landmark within my local area and take a photograph of it	
9	I can recognise how to keep my local area clean and tidy	
10	I can identify ways to save energy in my home	
11	I can visit different place e.g. a different town or country	
12	I can learn a new skill e.g. roller-skating, knitting	
13	I can learn a new sport	
14	I can take part in a competitive event e.g. quiz, sporting event or competition	
15	I can make or build something using new or old materials	