

	<h1>Live, Laugh, Learn Award</h1>	 : Formal
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 <p>Live Looking after ourselves, health, self help, behaviour, respect, manners and courtesy</p>	<p>Links: Character Education Framework: A, B, C</p> 	
1	Independently choosing appropriate clothing relating to weather e.g. thermals, coat, sun cream	
2	Make a cold snack for myself	
3	Make a hot snack – using microwave, toaster, toastie maker and kettle	
4	I recognise and wash my hands thoroughly to a high standard	
5	I can confidently share information about my culture and heritage - where appropriate	
6	I know how to contact the emergency service and ask for the relevant service based on the need	
7	I can walk safely in my community using the pavement and crossings independently	
8	I can ride a scooter or bike safely independently	
9	I can choose and follow a recipe to make a meal	
10	I can tell the time and have an awareness of what time things happen	
11	Explore your local area with an grown up and see if you can direct them to get home	
12	Go to restaurant and order food or drink form a menu	
13	I can be responsible for my personal hygiene e.g. take a shower, use deodorant, change my clothes	
14	I can begin to recognise changes in my body and know who to discuss these with	
15	I can identify how to behaviour appropriately when I am out in the community	
 <p>Laugh Friendship, respect, self esteem, helping others, volunteering</p>	<p>Links: Character Education Framework: B, E</p> 	
1	I can show consideration to others	
2	I can demonstrate patience and appropriate table manners when eating in a group	
3	I can acknowledge when I have got something wrong e.g. say sorry when necessary	
4	I can win and lose and manage my emotions to remain calm when playing cooperatively	
5	I can talk about an issue that is important to me to another person	
6	I can recognise when a friend needs help and offer support	
7	I can go on a residential trip	
8	I can form my own opinion and remain true to my values	
9	I can complete essential care for a pet e.g. brushing a dog, feeding a cat etc	
10	I can support my sibling or family member when completing everyday tasks	
11	I can solve conflict with my sibling or friends using a fun cooperative activity to share	
12	I can make a choice of outs of school activity that I can do with a friend	
13	I can take part in an extracurricular club such as football, drama or dance club etc	
14	I can play a board game with members of my family	
15	I can share dinner time with my family and be an active participant in discussion	
 <p>Learn Self actualisation, trying new things, being a member of a team, taking part in something new, competing against others, being creative</p>	<p>Links: Character Education Framework: B, C, E, F</p> 	
1	I can make food from different cultures with support	
2	I can visit a library, book shop or newsagent a choose a book or magazine to read/look at	
3	I can create a playlist of my favourite songs or musical artist.	
4	I can learn/practice using a musical instrument	
5	I can identify a favourite piece of art/sculpture and recreate it in my own way	
6	I can listen to and understand current affairs and discuss with peers at an appropriate time	
7	I can take care of the environment by planting food or flowers	
8	I can take care of the environment by collecting litter in my community with support	
9	I can recycle appropriately knowing which recycling bins are for which item	
10	I can contribute to helping safe energy in my home e.g. switching lights ogg	
11	I can identify differences and similarities in different places e.g. towns, cities, counties and countries	
12	I can teach a new skill to another person	
13	I can take part in a competitive team event e.g. quiz, sporting event or competition	
14	I can make or build something using new or old materials	
15	I can recognise and limit my own screen time and change to an alternative activity when necessary	