

Email: [hct.mhst@nhs.net](mailto:hct.mhst@nhs.net)  
Tel: 01727 582122

**MHST in SEN schools**

(Mental Health Support Team in Special Educational Needs Schools in Herts and West Essex)

The Mental Health Support Team (MHST) in SEN schools would like to be able to send a Newsletter, containing details of our groups and workshops directly to the school's parent/carers. If you would like to receive our Newsletter with details of our groups and workshops, as well as other tips for your family's mental wellbeing, please email us at [hct.mhst@nhs.net](mailto:hct.mhst@nhs.net). You can copy and paste the below into an email, or attach this completed sheet to an email.

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Please add me to the Newsletter email address. I understand that:

- The MHST will keep the below details in order to send me the MHST Newsletter.
- The information will be stored securely and my email address will not be shared with anyone else (unless discussed with me, e.g. for onward referrals).
- I can request that my details are removed from the Newsletter list by emailing [hct.mhst@nhs.net](mailto:hct.mhst@nhs.net) at any time.

Parent/carer name:

Email address:

Child's name:

Child's SEN school:

Child's year group (as of September 2020):