

## MHST Schools

The Collett | Colnbrook | Garston Manor | Middleton | Southfield | The Valley  
Woolgrove | Oak View | Wells Park

### Virtual Coffee Morning for Parents / Carers



**3rd December 2020 10:30—11:30 &  
13:00 - 14:00**

**Dear Parents / Carers,**

The Mental Health Support Team in SEN Schools (MHST) kindly invites you to join us for a virtual coffee morning.

This is an opportunity to meet the team at the MHST and ask any questions about our service. This will be a great way for you to find out more about the mental health support available at your child's school, alongside letting us know what support you would like from us.

### Sign Up to the Coffee Morning

If you are interested in attending, please email the

following details to: [hct.mhst@nhs.net](mailto:hct.mhst@nhs.net)

- Your name (parent/carer), your child's school
- Preferred email address to be contacted by

A link to the Microsoft teams Video Call will be emailed to you