

KEY STAGE 1 MOVEMENT

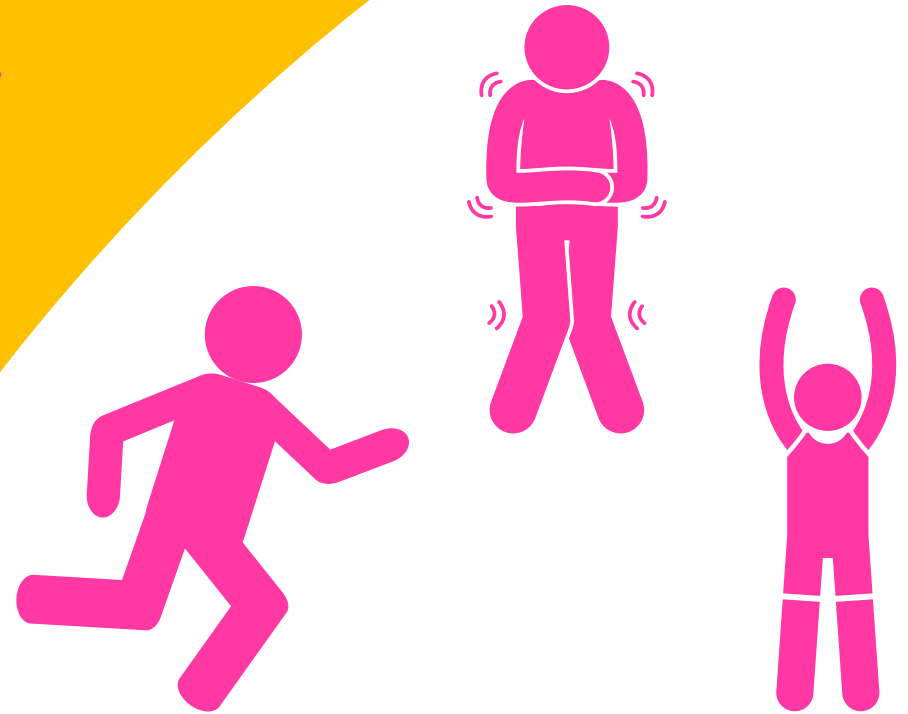


OBJECTIVES

- ★ UNDERSTAND DIFFERENT TYPES OF MOVEMENTS.
- ★ MOVE AT DIFFERENT SPEEDS.

INSTRUCTIONS

- ✓ FIND A SUITABLE AREA FOR A CHILD TO MOVE AROUND IN.
- ✓ BEAN GAME - DIFFERENT TYPES OF BEAN ARE CALLED OUT AND THE CHILD MUST MOVE IN THE CORRECT WAY.
BAKED BEAN - CURL UP, JELLY BEAN - SHAKE AROUND, JUMPING BEAN - JUMP
- ✓ CAN BE PLAYED IN A SMALL OR LARGE AREA.



CHANGE IT UP



ADD OTHER BEANS SUCH AS SPRING, BROAD, CHILLI.



ASSIGN NUMBERS TO EACH BEAN AND WHEN A CERTAIN NUMBER IS CALLED THEY MUST MOVE IN THE CORRECT WAY.



CALL OUT THREE BEAN NAMES CHILD TO REMEMBER AND MOVE IN THAT ORDER.