

A PARENT'S GUIDE TO COVID-19

What are the main **symptoms** of Covid-19?



High temperature



Continuous dry cough



Change/loss of taste and/or smell

Other symptoms are: **tiredness** | **headaches** | **sore throat** | **loss of appetite**

If **YOU** develop symptoms

- **Stay home and self-isolate** for ten days from the start of the symptoms.
- **ALL** household members must self-isolate for 10 days - **DO NOT** send your child to school.
- Book a test as soon as possible - dial 119 or book online.
- **PLEASE** inform the school by calling 01462 622422.

If **YOUR CHILD** develops symptoms

- **Your child must stay home and self-isolate** for ten days from the start of the symptoms.
- **ALL** household members must self-isolate for 10 days.
- Book a test as soon as possible - dial 119 or book online.
- **PLEASE** inform the school by calling 01462 622422

INFORM THE SCHOOL IMMEDIATELY IF YOUR CHILD HAS TESTED POSITIVE

What does **self-isolation** mean?

You **must not** leave your house for any reason.

This applies to **all members** of your household.

Minimise contact with other household members.

DO NOT send your child to school for any reason.

REMEMBER:   **Hands**   **Face**   **Space**