PHYSICAL DEVELOPMENT: Long-Term Plan 2019/2020

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	**Invasion Games**	**Dance**	**Gymnastics**	**Games: Bats and Racquets**	**Bikes and Tricycles**	**Athletics**
Physical Development: Gross Motor	Development of skills and knowledge related to invasion games; football, rugby, basketball	Development of skills and knowledge related to expressive and traditional dance	Development of skills and knowledge related to gymnastics; travelling and moving, jumping, rolling and balancing	Development of skills and knowledge related to striking, striking and fielding	Development of skills and knowledge related to cycling skills; balancing, pedalling, steering, starting and stopping	Development of skills and knowledge related to Athletics; running, jumping and throwing
Physical Development: Fine Motor	*Fine motor skills* - pen skills, cutlery pincer skills	*Fine motor skills* - pen skills, cutlery pincer skills	*Fine motor skills* - pen skills, cutlery pincer skills	*Fine motor skills* - pen skills, cutlery pincer skills	*Fine motor skills* - pen skills, cutlery pincer skills	*Fine motor skills* - pen skills, cutlery pincer skills