

Long Term Plan Cycle A Reception and Year 1 (Blue, Red)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Ourselves and our world – Me and my family	Celebrations – My Celebrations	Dark and light	Growing	Nursery rhymes	Transport and journeys
Communication and Language	PECs Making request Sharing news. Telling stories	PECs Making request Sharing news. Telling stories	PECs Making request Sharing news. Asking questions Describing pictures. Telling stories	PECs Making request Sharing news. Asking questions Describing pictures. Telling stories	PECs Making request Sharing news. Asking and answering questions Describing pictures. Saying rhymes	PECs Making request Sharing news. Asking and answering questions Describing pictures. Saying rhymes. Acting out stories.
PSED	Self-confidence and self-awareness Managing feelings and behaviour Making relationships	Self-confidence and self-awareness Managing feelings and behaviour Making relationships	Self-confidence and self-awareness Managing feelings and behaviour Making relationships	Self-confidence and self-awareness Managing feelings and behaviour Making relationships	Self-confidence and self-awareness Managing feelings and behaviour Making relationships	Self-confidence and self-awareness Managing feelings and behaviour Making relationships
Life skills	Independence, toileting, managing clothing, dressing and undressing, personal hygiene, food and eating, food preparation (Using a knife to cut and spread. Using a spoon for spooning and mixing), communication, health and community safety	Independence, toileting, managing clothing, dressing and undressing, personal hygiene, food and eating, food preparation (Using a knife to cut and spread. Using a spoon for spooning and mixing), communication, health and community safety	Independence, toileting, managing clothing, dressing and undressing, personal hygiene, food and eating, food preparation (Threading onto sticks. Rolling pins and cutters.), communication, health and community safety	Independence, toileting, managing clothing, dressing and undressing, personal hygiene, food and eating, food preparation (Threading onto sticks. Rolling pins and cutters.), communication, health and community safety	Independence, toileting, managing clothing, dressing and undressing, personal hygiene, food and eating, food preparation (Measure. Peel. grate and crush), communication, health and community safety	Independence, toileting, managing clothing, dressing and undressing, personal hygiene, food and eating, food preparation (Measure. Peel. grate and crush), communication, health and community safety
Sensory	Self-regulation, proprioception, exploring, tactile, oral, olfactory, vestibular, visual	Self-regulation, proprioception, exploring, tactile, oral, olfactory, vestibular, visual	Self-regulation, proprioception, exploring, tactile, oral, olfactory, vestibular, visual	Self-regulation, proprioception, exploring, tactile, oral, olfactory, vestibular, visual	Self-regulation, proprioception, exploring, tactile, oral, olfactory, vestibular, visual	Self-regulation, proprioception, exploring, tactile, oral, olfactory, vestibular, visual
Physical Development	Gross motor skills- bikes balls, climbing and mark making Fine motor skills pen skills, cutlery pincer skills.	Gross motor skills- bikes balls, climbing and mark making Fine motor skills pen skills, cutlery pincer skills.	Gross motor skills- bikes balls, climbing and mark making Fine motor skills pen skills, cutlery pincer skills.	Gross motor skills- bikes balls, climbing and mark making Fine motor skills pen skills, cutlery pincer skills.	Gross motor skills- bikes balls, climbing and mark making Fine motor skills pen skills, cutlery pincer skills.	Gross motor skills- bikes balls, climbing and mark making Fine motor skills pen skills, cutlery pincer skills.
Literacy	Traditional tales. Non fiction books. Names Ext addresses. Mark making ext key words and sentences. News	Non fiction books. Names Ext addresses. Mark making ext key words and sentences. News Cards	Rhyming texts. Rhythm in stories. Sounds and voice sounds. Names Ext addresses. Mark making ext key words and sentences.	Non fiction books. Names Ext addresses. Mark making ext key words and sentences. News Labels	Rhyming texts. Rhythm in stories. Sounds and voice sounds. Names Ext addresses. Mark making ext key words and sentences.	Rhyming texts. Rhythm in stories. Sounds and voice sounds. Names Ext addresses. Mark making ext key words and sentences.

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	Labels STEMs' Phonics phase 1 ext 2	STEMs' Phonics phase 1 ext 2	News STEMs' Phonics phase 1 and 2 ext 3	STEMs' Phonics phase 1 and 2 ext 3	News Cloze sentences. STEMs' Phonics phase 1 and 2 ext 3	News Retelling stories Non-fiction books STEMs' Phonics phase 1 and 2 ext 3
Texts (Suggestion)	Where's Spot? The gingerbread man The little red hen Homes information book	Fireworks. The toys party. The Nativity	This is the bear and the scary night Peace at last Dark dark tale	Jack and the beanstalk Growing vegetable soup The enormous turnip Planting a rainbow	Variety of nursery rhymes	The wheels on the bus, Rosies walk, We're going on a bear hunt, Planes or trains information text / usbourne book
Mathematical Development	Number rhymes to 5/10/20 More less same	Number rhymes to 5/10/20 More less same	Number rhymes to 5/10/20 More less same	Number rhymes to 5/10/20 More less same	Number rhymes to 5/10/20 More less same	Number rhymes to 5/10/20 More less same
	Ext addition	Ext addition	Ext addition	Ext addition	Ext addition	Ext addition
	Size Matching and sorting Routines Position Shape	Size Matching and sorting Routines Position Shape	Size Matching and sorting Routines Position Shape	Size Matching and sorting Routines Position Shape	Size Matching and sorting Routines Position Shape	Size Matching and sorting Routines Position Shape
Understanding of the World	Ourselves – To explore Ourselves Places in local area. Recent past events in own lives. Observing changes Cause and effect. Finding out, Making marks, finding out, toys and machines, images and light	The environment Environment Places in local area. Recent past events in own lives. Observing changes Cause and effect. Finding out, Making marks, finding out, toys and machines, images and light	Places in local area. Recent past events in own lives. Observing changes Cause and effect. Finding out, Making marks, finding out, toys and machines, images and light	Animals and Plants Places in local area. Recent past events in own lives. Observing changes Cause and effect. Finding out, Making marks, finding out, toys and machines, images and light	Light and Sound Places in local area. Recent past events in own lives. Observing changes Cause and effect. Finding out, Making marks, finding out, toys and machines, images and light	Places in local area. Recent past events in own lives. Observing changes Cause and effect. Finding out, Making marks, finding out, toys and machines, images and light
Religious Education	Christianity - Celebrations and Christmas Buddhism Mindfulness, Yoga		Christianity Change and growth Religious places Easter Buddhism Mindfulness, Yoga		Christianity Special books and stories Buddhism Mindfulness, Yoga	
Expressive Arts and Design	ICT exploring sounds Imaginative play. Music and movement. Sensory exploration. Drawing Collage	ICT exploring sounds Imaginative play. Music and movement. Sensory exploration. Paint Modelling	ICT exploring sounds Imaginative play. Music and movement. Sensory exploration. Modelling paint	ICT exploring sounds Imaginative play. Music and movement. Sensory exploration. collage drawing	ICT exploring sounds Imaginative play. Music and movement. Sensory exploration. drawing collage	ICT exploring sounds Imaginative play. Music and movement. Sensory exploration. Paint Modelling