



## PE and School Sport Overview 2018-2019

PE/Games	Autumn 1	Autumn 2
Lower	Invasion Games: core skills, football, rugby, basketball	Gymnastics: core skills, movement
Upper	Invasion Games rugby/football/ netball/basketball	Gymnastics

PE/Games	Spring 1	Spring 2
Lower	Trampoline Dance	Net and Wall Games: core skills, rackets and balls
Upper	Trampoline Dance	Net and Wall Games: tennis/badminton

PE/Games	Summer 1	Summer 2
Lower	Bikes and Tricycles	Athletics: Core skills Striking and Fielding Games
Upper	Bikes and Tricycles	Athletics: running, jumping, throwing Striking and Fielding Games

