

# The Woolgrove Sports Report

Your guide to PE and School Sport at Woolgrove School!

## Latest News....

Welcome to the Spring Term edition of The Woolgrove Sports Report!

- We're now well under way with the Spring Term and we shall be looking at getting our pupils fit and healthy and outside as much as possible!
- We are now collecting Sainsbury's Active Kids vouchers! Please send them in to school and help us get sports and cooking equipment!

## Clubs:

Please let me know if your child attends an out of school sports club - its great to find out what sport our pupils do outside of school and I can pass this information on to other parents/carers who are looking for opportunities for their children.

Our in school clubs continue to go from strength to strength -

**After School Dance Club - Monday after school**

**Yoga Club - Every Tuesday Lunchtime**

**Karate Lunch Time Club - Every Thursday Lunchtime**

**Soft Archery Club - Every Friday Lunchtime**

Sadly our Wednesday Cheerleading club has come to an end - many thanks to Caroline and Coral who have both worked really hard in running this excellent club!



## Our Sport focus.....

This term's PE and Games focus is

PE: Country Dancing! My Favourite! This half term we shall be learning to move and dance to traditional country dances!

GAMES: Net and Wall Games:

We shall be learning to play **Volleyball, Badminton, Table Tennis** and **Tennis!** We'll start by developing core skills such as striking with our hand or bat (forehand and backhand), having a simple rally with a friend, then learn to play simple games with a friend/small team!

### Here's how you can help!

- **Play Balloon "Keep ups" with your child at home - Balloons are excellent for developing hand-eye coordination as they travel slowly and allow your child to successfully track their movement.**
- **Play 'along the floor' hand tennis at home - you don't need a tennis court or a racket! Just strike a tennis ball along the floor to your child using your hands - encourage them to try forehand and backhand shots.**

### We need pictures!

Please send in any newspaper or magazine cuttings/photos or pictures that you can find with your child of Net and Wall sports - If your child would like to draw me a picture of our focus sports - that would be GREAT! All pictures will be displayed on our PE topic board!

## Spring Term 2017



## Achievement

Please let me know if your child receives an award/badge for a sport/activity outside of school - we can celebrate their achievement here!

### Well Done to...

Our Teaching Assistants Coral, Christine, Debbie and Christine who have all qualified as Rebound Therapy Instructors! They shall all be helping as part of our Rebound team delivering low level trampoline sessions to targeted pupils across the school.

## Dates and Fixtures....

If your child is chosen to represent the school at a sports event we will endeavour to contact you and let you know in advance. We try hard to give all pupils the opportunity to take part in appropriate events during their time at Woolgrove.

Gifted and Talented Festival (Y5/6) - Monday 13th March

Netball Tournament (KS2) - Wednesday 22nd March

Football Tournament (KS2) - Friday 5th May

Football Festival (Y3/4/5) - Friday 12th May

Cricket Festival (KS2) - Tuesday 6th June

Treasure Hunt (KS1) - Friday 10th June

Swimming Gala (KS2) - TBC

Athletics Festival (KS2) - TBC

